Creative Aging Foundations

Delaware Division of the Arts

Day Two: Thursday, Nov. 2, 2023

Lifetime Arts

Introductions

Dane Stauffer
Lifetime Arts Trainer
Storytelling Teaching Artist

Asma Feyijinmi
Lifetime Arts Trainer
Dance Teaching Artist

Agenda

+ S.A.F.E. Program Design
+ Demo classes
+ Program preparation:
    - Program development cycle
    - Space assessments
    - Community mapping
    - Patron surveys
+ Cross-sector Partnerships:
    - Working with older adult communities
+ Q&A and wrap-up

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Older Adult Learners and S.A.F.E Planning & Practice

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S.A.F.E Planning Components

+ **S**kills
+ **A**ssessment
+ **F**eedback
+ **E**ngage Socially

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Skills

Schedule classes in a sequence and plan each lesson to ensure that one artmaking skill builds to the next.

Assessment

Continually evaluate each student's progress and tailor instruction to match the expressed needs of each learner.

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Feedback

Provide opportunities for students to talk about their work and their artistic process.

Engage

Tie intentional social engagement opportunities to the artmaking.

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Demonstration Classes & Program Preparation

Storytelling

Dane Stauffer

Chinese Brush Painting

Jade Lam

Break

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Creative Aging Program Preparation

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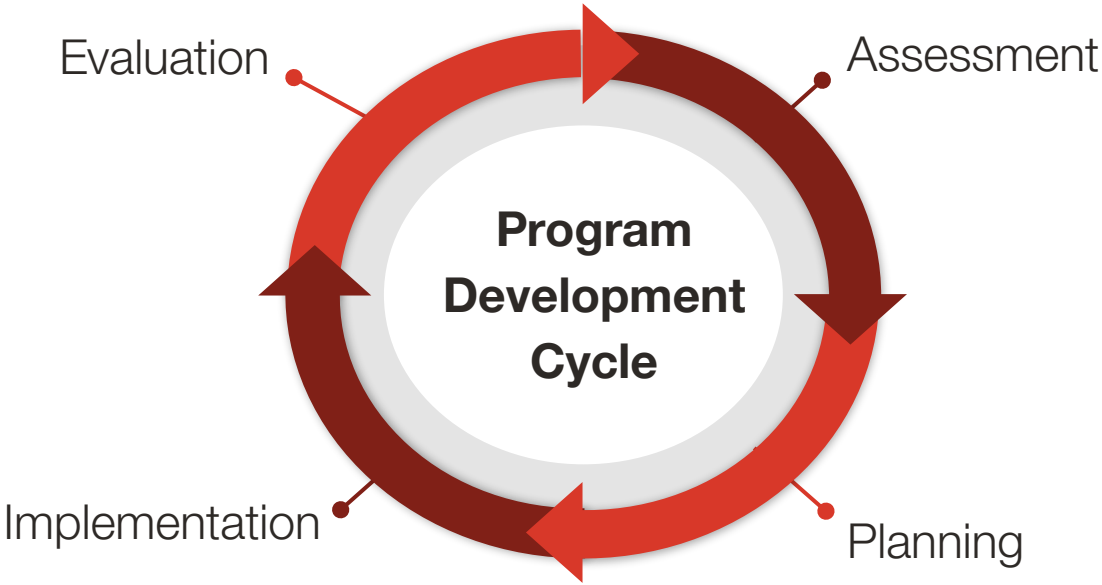
Program Development Cycle



Assessment

Look inside your walls

+ Assess facility
+ Determine patron interest

Look outside your walls

+ Community mapping

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Site Considerations

+ ADA accessible
+ Bright lighting
+ Comfortable seating
+ Clear sightlines
+ Climate controlled
+ Partner with another organization if needed

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Artform Considerations

Visual Arts

+ Storage space
+ Table and chairs
+ Water source (if needed)

Literary Arts

+ Tables and chairs

Performing Arts

+ **Dance:** Large and supportive dance surface (no concrete) & chairs accessible
+ **Music:** Chairs and music stands
+ **Theater:** Large enough space for movement

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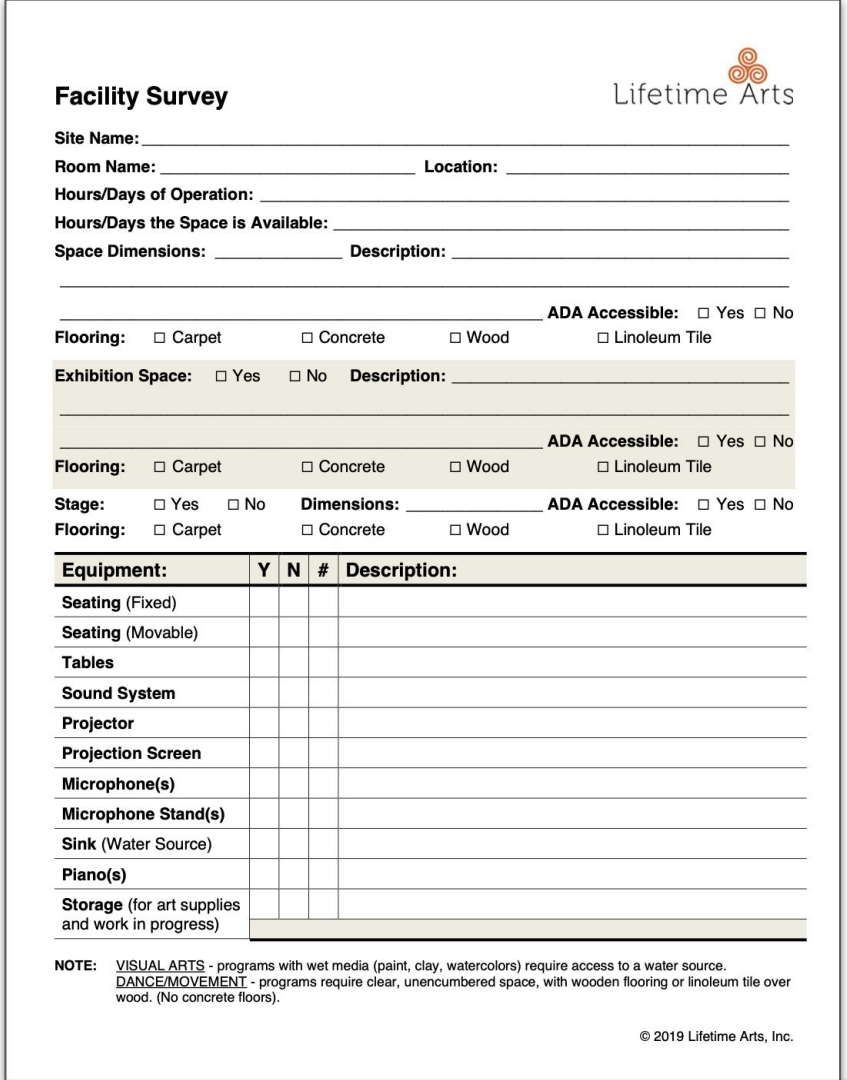
Facility Survey

Used to identify:

+ Available resources
+ Accessibility
+ Best program site



Facility Survey Lifetime Arts

Site Name: _____

Room Name: _____ **Location:** _____

Hours/Days of Operation: _____

Hours/Days the Space is Available: _____

Space Dimensions: _____ **Description:** _____

_____

_____ **ADA Accessible:** ☐ Yes ☐ No

Flooring: ☐ Carpet ☐ Concrete ☐ Wood ☐ Linoleum Tile

Exhibition Space: ☐ Yes ☐ No **Description:** _____

_____

_____ **ADA Accessible:** ☐ Yes ☐ No

Flooring: ☐ Carpet ☐ Concrete ☐ Wood ☐ Linoleum Tile

Stage: ☐ Yes ☐ No **Dimensions:** _____ **ADA Accessible:** ☐ Yes ☐ No

Flooring: ☐ Carpet ☐ Concrete ☐ Wood ☐ Linoleum Tile

Equipment:	Y	N	#	Description:
Seating (Fixed)				
Seating (Movable)				
Tables				
Sound System				
Projector				
Projection Screen				
Microphone(s)				
Microphone Stand(s)				
Sink (Water Source)				
Piano(s)				
Storage (for art supplies and work in progress)				

NOTE: VISUAL ARTS - programs with wet media (paint, clay, watercolors) require access to a water source.
DANCE/MOVEMENT - programs require clear, unencumbered space, with wooden flooring or linoleum tile over wood. (No concrete floors).

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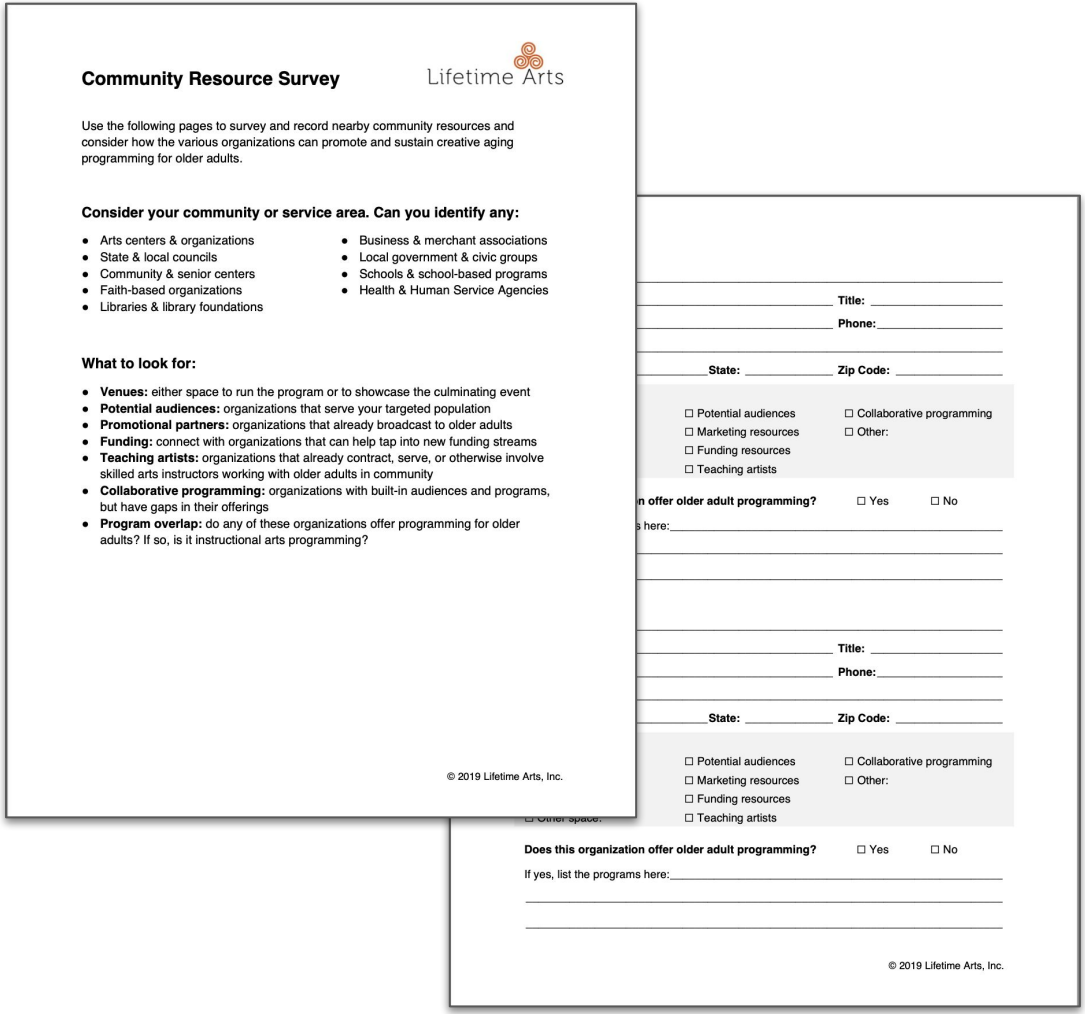
Community Resource Survey

Used to identify:

+ Potential partners
+ Audiences
+ Funding
+ Teaching artists
+ Collaboration opportunities
+ Program overlap



Community Resource Survey

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Use the following pages to survey and record nearby community resources and consider how the various organizations can promote and sustain creative aging programming for older adults.

Consider your community or service area. Can you identify any:

- Arts centers & organizations
- State & local councils
- Community & senior centers
- Faith-based organizations
- Libraries & library foundations
- Business & merchant associations
- Local government & civic groups
- Schools & school-based programs
- Health & Human Service Agencies

What to look for:

- **Venues:** either space to run the program or to showcase the culminating event
- **Potential audiences:** organizations that serve your targeted population
- **Promotional partners:** organizations that already broadcast to older adults
- **Funding:** connect with organizations that can help tap into new funding streams
- **Teaching artists:** organizations that already contract, serve, or otherwise involve skilled arts instructors working with older adults in community
- **Collaborative programming:** organizations with built-in audiences and programs, but have gaps in their offerings
- **Program overlap:** do any of these organizations offer programming for older adults? If so, is it instructional arts programming?

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Title: _____

Phone: _____

State: _____ **Zip Code:** _____

☐ Potential audiences ☐ Collaborative programming
☐ Marketing resources ☐ Other:
☐ Funding resources
☐ Teaching artists

Does this organization offer older adult programming? ☐ Yes ☐ No

If yes, list the programs here: _____

Title: _____

Phone: _____

State: _____ **Zip Code:** _____

☐ Potential audiences ☐ Collaborative programming
☐ Marketing resources ☐ Other:
☐ Funding resources
☐ Teaching artists

Does this organization offer older adult programming? ☐ Yes ☐ No

If yes, list the programs here: _____

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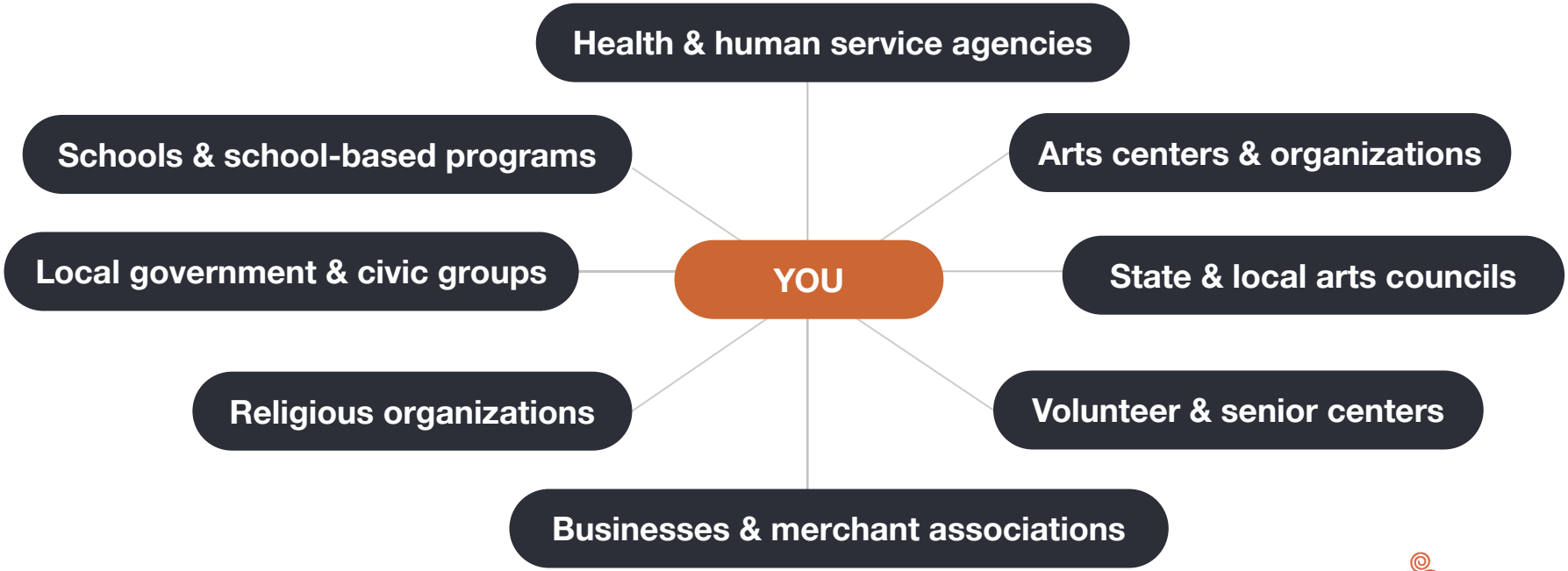
Cross-sector Partnerships



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Types of Older Adult Communities

Aging in Place

+ Age-restricted
+ Naturally-occurring retirement communities (NORCs)

Senior Living

+ Assisted living
+ Skilled nursing
+ Continuous care

Non-Residential

+ Senior centers
+ Senior adult day centers

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Beyond Senior Serving Organizations

+ Other Libraries
+ Worshiping communities
+ Community centers
+ Club and volunteer organizations
+ Parks and recreation
+ Veterans associations and orgs

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Responsive Programming

Creative aging programs are designed to be responsive to a community's:

+ Desired artform(s)
+ Language(s)
+ Cultural connections

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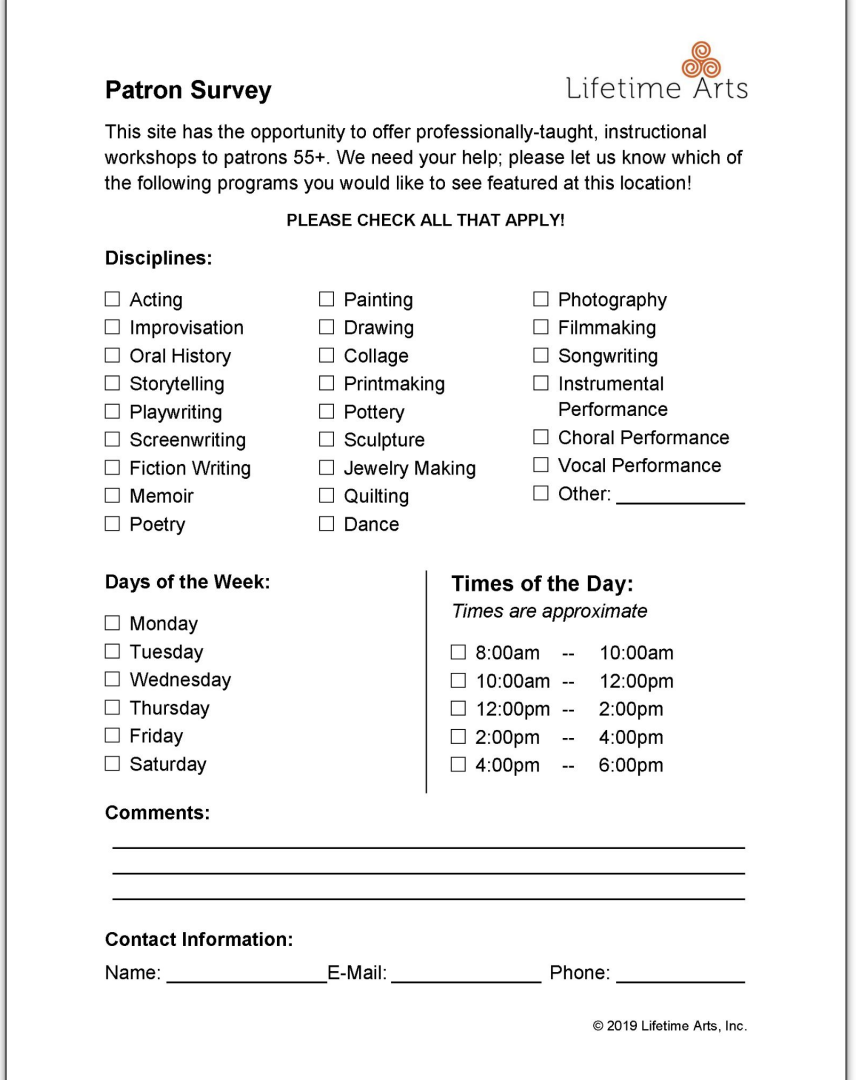
Patron Survey

Used to identify:

+ Arts discipline
+ Class schedule (dates and times)
+ Tech accessibility
+ Preferred language



Patron Survey

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This site has the opportunity to offer professionally-taught, instructional workshops to patrons 55+. We need your help; please let us know which of the following programs you would like to see featured at this location!

PLEASE CHECK ALL THAT APPLY!

Disciplines:

- ☐ Acting
- ☐ Improvisation
- ☐ Oral History
- ☐ Storytelling
- ☐ Playwriting
- ☐ Screenwriting
- ☐ Fiction Writing
- ☐ Memoir
- ☐ Poetry
- ☐ Painting
- ☐ Drawing
- ☐ Collage
- ☐ Printmaking
- ☐ Pottery
- ☐ Sculpture
- ☐ Jewelry Making
- ☐ Quilting
- ☐ Dance
- ☐ Photography
- ☐ Filmmaking
- ☐ Songwriting
- ☐ Instrumental Performance
- ☐ Choral Performance
- ☐ Vocal Performance
- ☐ Other: _____

Days of the Week:

- ☐ Monday
- ☐ Tuesday
- ☐ Wednesday
- ☐ Thursday
- ☐ Friday
- ☐ Saturday

Times of the Day:

Times are approximate

- ☐ 8:00am -- 10:00am
- ☐ 10:00am -- 12:00pm
- ☐ 12:00pm -- 2:00pm
- ☐ 2:00pm -- 4:00pm
- ☐ 4:00pm -- 6:00pm

Comments:

_____

_____

_____

Contact Information:

Name: _____ E-Mail: _____ Phone: _____

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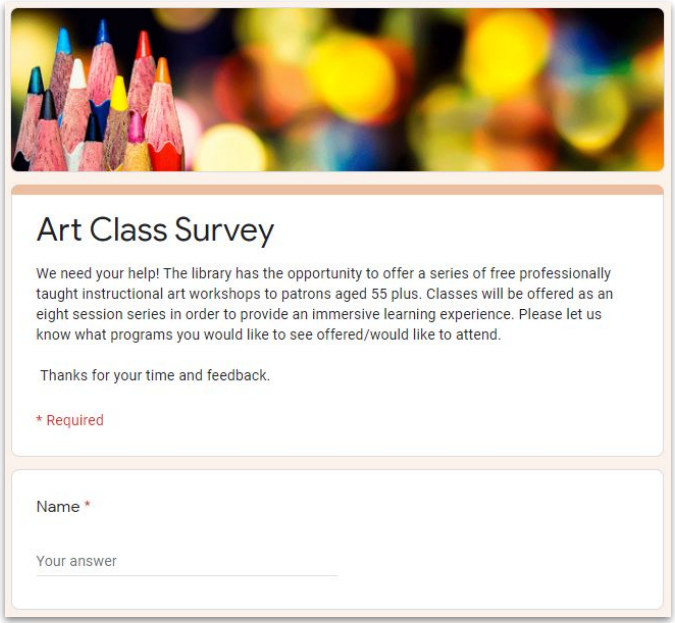
Case Study:
Patron Survey Distribution



Art Class Survey

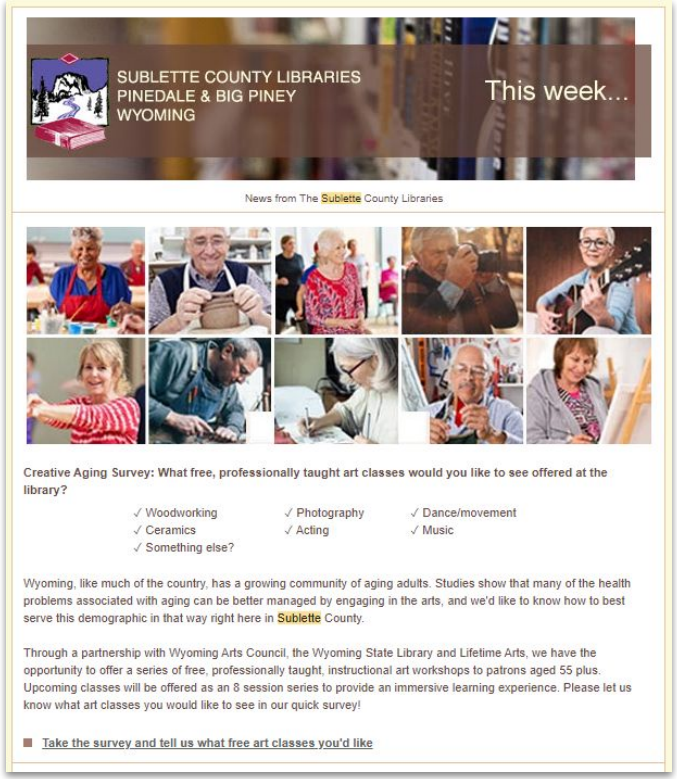
We need your help! The library has the opportunity to offer a series of free professionally taught instructional art workshops to patrons aged 55 plus. Classes will be offered as an eight session series in order to provide an immersive learning experience. Please let us know what programs you would like to see offered/would like to attend.

Thanks for your time and feedback.

* Required

Name *

Your answer



News from The Sublette County Libraries

Creative Aging Survey: What free, professionally taught art classes would you like to see offered at the library?

✓ Woodworking ✓ Photography ✓ Dance/movement
✓ Ceramics ✓ Acting ✓ Music
✓ Something else?

Wyoming, like much of the country, has a growing community of aging adults. Studies show that many of the health problems associated with aging can be better managed by engaging in the arts, and we'd like to know how to best serve this demographic in that way right here in Sublette County.

Through a partnership with Wyoming Arts Council, the Wyoming State Library and Lifetime Arts, we have the opportunity to offer a series of free, professionally taught, instructional art workshops to patrons aged 55 plus. Upcoming classes will be offered as an 8 session series to provide an immersive learning experience. Please let us know what art classes you would like to see in our quick survey!

■ Take the survey and tell us what free art classes you'd like

Q&A Session

Homework

Via the Lifetime Arts Service Portal:

- Envisioning Your Creative Aging Program Worksheet
- You are also invited to review the following:
  - Facility Survey
  - Community Resource Survey
  - Patron Survey

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Resources & Supporting Research

Institute on Aging. Stats on Aging in America. Retrieved from: https://www.ioaging.org/aging-in-america/

Liz Lerman Critical Response Protocol: https://lizlerman.com/critical-response-process/

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