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# Creative Aging Foundations Training for Museum and Senior Serving Staff

**Toledo Museum of Art**

**Day Two:** April 19, 2023

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## Introductions



**Clark Jackson**

Lifetime Arts Trainer  
Performing Arts Teaching Artist



**Jade Lam**

Lifetime Arts Trainer  
Visual Arts Teaching Artist

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## Agenda

- + Older adult learners and S.A.F.E. Planning
- + Demonstration classes
- + Break
- + Planning in partnership
- + Q&A and wrap-up



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## Older Adult Learners and S.A.F.E. Planning & Practice

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## What's Different About Adult Learners?

### **Adults:**

- + Are autonomous & self directed
- + Have a lifetime of experience & knowledge
- + Are goal-oriented
- + Are practical

## Natural Physical Changes During Aging

Potential Physical Change	Potential Result
Nervous system slows down	Balance problems & slower reflexes
Muscle & lung tissue changes	Decreased lung efficiency
Sensory losses	Vision & hearing loss
Bone loss	Decreased strength, speed & endurance
More medications	More adverse side effects
Changes in sexual function	The capacity for sexual activity & response is retained well into old age

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## Social and Emotional Changes

**The natural process of aging can cause:**

- + Financial worries
- + Loneliness & social isolation
- + The “re-wirement” phase

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## S.A.F.E Planning Components

- + **S**kills
- + **A**ssessment
- + **F**eedback
- + **E**ngage Socially



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## Skills

Schedule classes in a sequence and plan each lesson to ensure that **one artmaking skill builds to the next.**





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## Assessment

Continually evaluate each student's progress and tailor instruction to **match the expressed needs of each learner.**

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## Feedback

Provide opportunities for students to **talk about their work and their artistic process.**





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## Engage

Tie intentional **social engagement opportunities** to the artmaking.



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## Demonstration Classes & Remote Program Design

### Storytelling



**Clark Jackson**

### Chinese Brush Painting



**Jade Lam**



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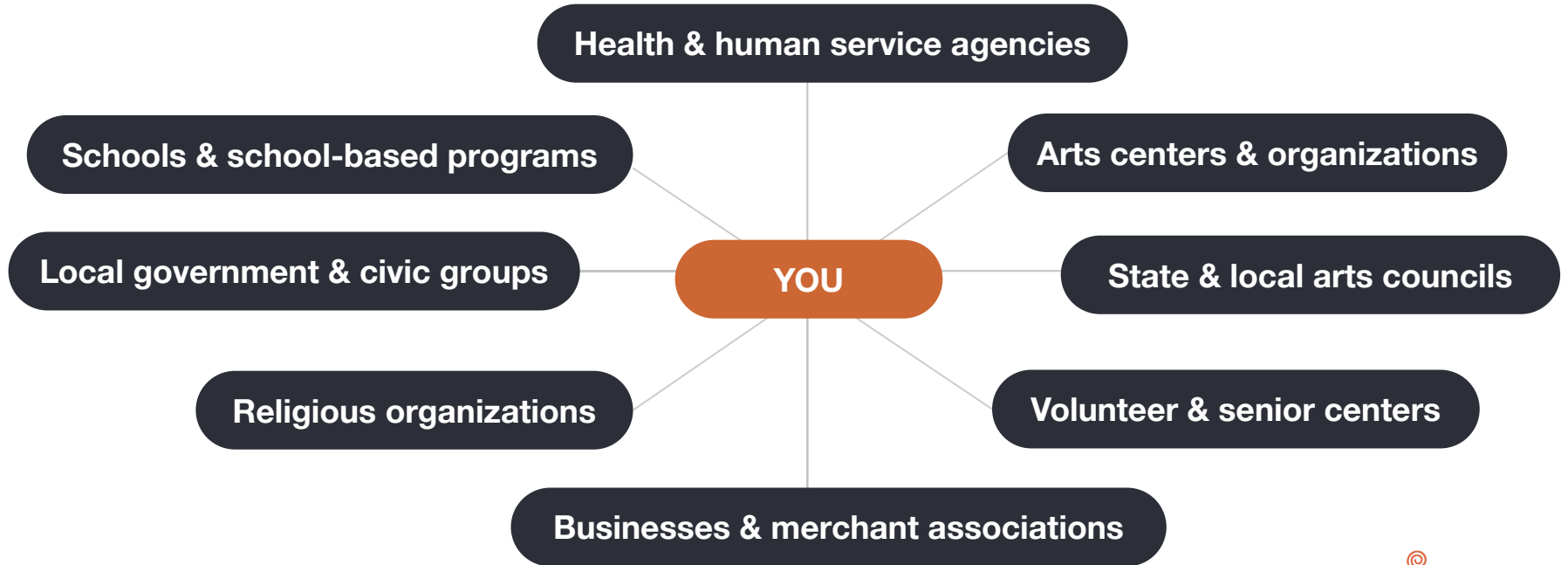
## Break



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## Planning in Partnership

# Cross-Sector Partnerships





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## Cross-Sector Partnership: Jacob Burns Film Center

- + Invest in a deeper relationship with current partner
- + Make sure partner's leadership is involved
- + Partner can support recruitment & retention



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## Roles and Responsibilities

### **The host organization should:**

- + Recruit students
- + Register students
- + Set up space and provide materials
- + Support student retention
- + Support culminating event



## **Roles and Responsibilities**

### **The teaching artist/museum should:**

- + Support marketing
- + Inform host organization about the materials needed
- + Facilitate classes
- + Communicate about attendance
- + Plan culminating event in collaboration with host organization

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## Tips for Positive Partnerships

- + Practice a high-touch approach
- + Collaborate to serve older adults
- + Honor senior serving staff relationships with members
- + Communicate frequently
- + Get buy-in from all staff levels



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## Q&A Session



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## Homework

**Review the following & think about how you might adjust them for your community (via the Lifetime Arts Service Portal):**

- + Facility Survey
- + Community Resource Survey
- + Patron Survey
- + Planning Meeting Template
- + Partnership Agreement Template



## Media Credits

- + Heard Museum, Phoenix, AZ; Credit: Mary Dashnaw (Slide 1)
- + Diana H. Jones Innovative Senior Center, Brooklyn, NY; Credit: Julia Xanthos Liddy (Slide 4)
- + Fleisher Art Memorial, Philadelphia, PA; Credit: Fleisher Art Memorial (Slide 9)
- + Neon Museum, Las Vegas, NV; Credit: Neon Museum (Slide 10)
- + Newtown Italian Neighborhood Senior Center, Queens, NY; Credit: Jeremy Amar (Slide 11)
- + Marine Park, Brooklyn, NY; Credit: Julia Xanthos Liddy (Slide 12)

**Lifetime Arts' Creative Aging Foundations course has been made possible by:**

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## Media Credits

- + Pullen Arts Center, Raleigh, NC; Credit: Pullen Arts Center (Slide 14)
- + Concourse Plaza, Bronx, NY; Credit: Jeremy Amar (Slide 15)
- + Jacob Burns Film Center, Pleasantville, NY; Credit: Paige Grand Pre (Slide 17)
- + Chandler Public Library, Chandler, AZ; Credit: Chandler Public Library (Slide 20)
- + Mosholu Montefiore Senior Center, Bronx, NY; Credit: Jeremy Amar (Slide 21)

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