

## Envisioning Your Creative Aging Program Worksheet for Teaching Artists

This worksheet is designed to help organize your thoughts around adapting a program you currently teach to include creative aging best practices. Keep in mind that the key goals are **building artistic skills**, and creating opportunities for **intentional social engagement**. Programs should also be responsive, and may need to be adapted to fit the needs and capacity of the communities you work with. While we will use the insights you gain here as a jumping off point for group discussion in the training, the worksheets themselves will not be shared or reviewed.

1. Personal mission/spark: What draws you to work in creative aging? What do you believe is your greatest asset/strength to bring to this work?

2. What is your biggest concern about teaching creative aging programs?

3. List all art forms you teach.

4. Describe the age groups and settings you typically work with.

5. How might you adapt a program you already teach to younger students - or a different population of learners - to better serve older adults?

6. What do you want older adults to learn in this class? This can include specific skills, techniques, fluency in terminology and concepts.

7. What are some methods/activities within your art form(s) that could enable social engagement between older adult participants?

8. What are some ideas for the culminating event for this program?